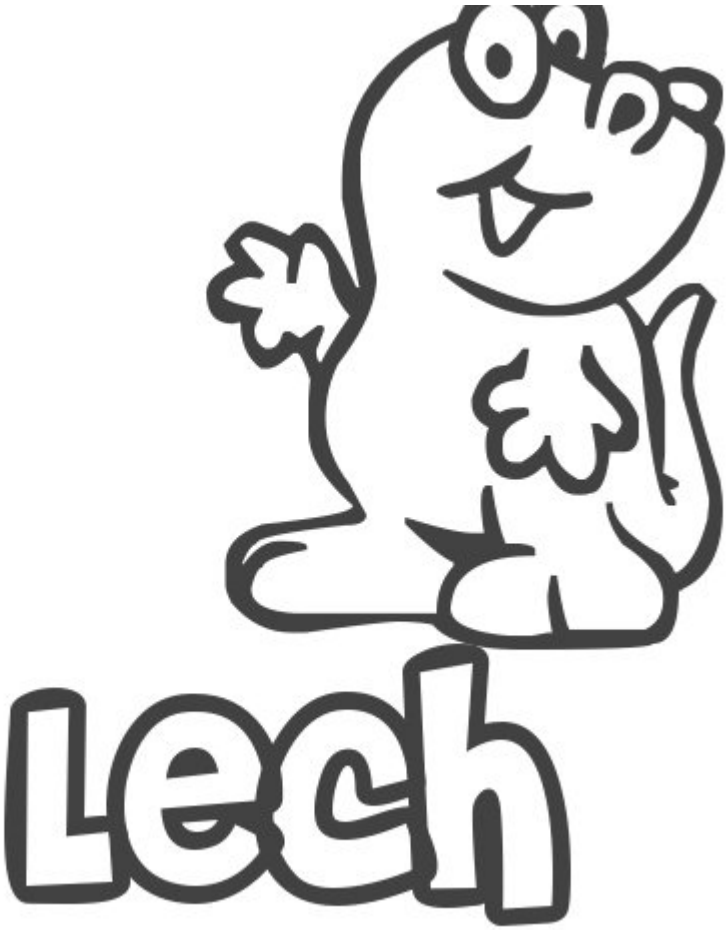
Lech