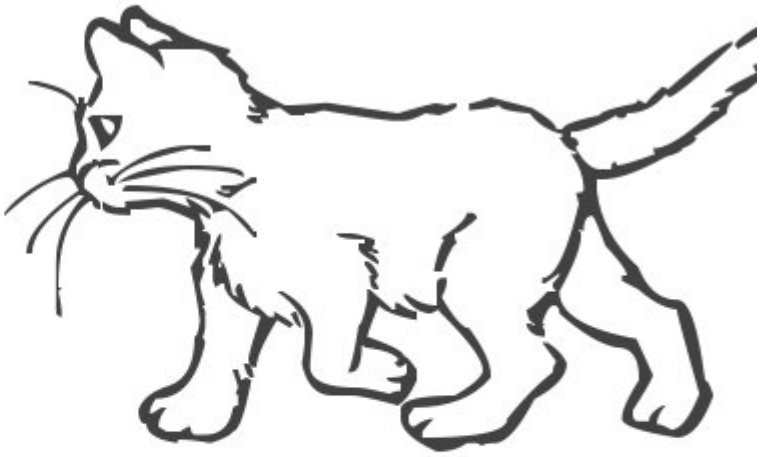

Lahela